

B.A. in Exercise and Sports Science with Teacher Certification

Code	Title	Semester Hours
Exercise and Sports Science Teacher Certification Degree Plan (120 hours)		
Core Requirements (42 hours)		
First Year Seminar		3
FYE 1301	First Year Seminar	
Freshmen Composition I		3
EN 1311	Rhetoric and Composition	
or EN 1313	Rhetoric and Composition for International Students	
Literature		3
Any EN 23XX literature course		
History		3
Any 1000, 2000, or 3000-level HS course		
Social Science		3
Select two from the following: BA 1310, CJ 1301 CPH 1301, EC 2301, EC 2303, HU 3300, HU 3303, PO 1311, PO 1312, PO 1314, PS 1301, PS 2310, PS 2353, PS 2355, PS 2363, PS 2337, SC 1311, SC 2321, SC 2371, 3 hrs. of Communication Studies (CM 1341, CM 2333, CM 2334)		
Mathematics		3
MT 1303	College Algebra	
or MT 1411	Precalculus	
Natural or Physical Sciences		3
Select one: BL 1301, BL 1302, BL 3311, CH 1303, CH 1304, CH 1401, CH 1402, ES 1300, ES 1301, ES 1302, ES 1303, ES 1304, ES 1305, ES 1373, PY 1300, PY 1310, PY 1401, PY 1402		
Fine Arts		3
Select one course from the following: AR 1300, AR 1301, AR 1311, AR 1312, AR 2301, AR 2321, AR 2361, AR 2362, AR 3331, AR 3351, AR 3381, AR 3392, any 3 hr. DM course, 3 hrs. of MU (applied music lessons, ensembles or other MU course)		
Foreign Language and International Engagement		6
This requirement is satisfied through one of four ways: (1) One 3-hour course in any language at the 3000 level or above, with a grade of B or better; (2) Two courses (1311 and 1312) in a language not previously studied; (3) Two courses (2311 and 2312) in a language previously studied at the high school or college level; (4) Qualifying scores on an AP or CLEP exam, or both the ACTFL OPI and WPT exams		
Philosophy - Self		3
PL 1301	Intro to Philosophy	
Philosophy - Ethics		3
PL 2301	Foundations of Ethics	
Theology - God		3
TH 1301	Introduction to Theology	
Intermediate Theology		3
Any TH 33xx course		
Exercise and Sport Science Major Courses (30 hours)		
EX 1302	Foundations of Exercise & Sport Science	3
EX 1304	Spring Sports & Activities	3
EX 2302	Fall Sports & Activities	3
EX 3302	Prevention & Care of Activity-Related Injuries	3
EX 3304	Biomechanics of Human Movement	3
EX 3306	Current Issues in Exercise & Sport Science	3
EX 3308	Statistics for Exercise Science	3
EX 3376	Human Anatomy and Physiology of Exercise	3
EX 4301	Wellness	3
EX 4304	Advanced Principles of Exercise and Sport Science	3

Teacher Certification Courses (27 hours)	27
ED 3302 The American Secondary School	
ED 2330 Teaching Diverse Populations	
ED 3350 Teaching Reading in the Content Areas	
ED 3355 Educational Technology	
ED 3361 Adolescent Development and Learning in School Setting	
ED 3362 Secondary Teaching Methods	
ED 4388 Professional Development Seminar - Secondary	
ED 4689 Clinical Teaching in Secondary School	
Electives (21 hours)	21
An elective can be any course taken from any discipline. Students can use these hours to pursue certificates, minors, or second majors.	
Total Semester Hours	120

This is a recommended degree plan subject to changes. Please meet with your adviser on a regular basis.

First Year

Fall	Semester Hours	Spring	Semester Hours
Foreign Language I		3 Literature	3
EN 1311		3 Natural or Physical Science	3
FYE 1301		3 Foreign Language II	3
EX 1302		3 EX 1304	3
General Elective		3 General Elective	3
	15		15

Second Year

Fall	Semester Hours	Spring	Semester Hours
History		3 Social Science	3
PL 1301		3 TH 1301	3
Mathematics		3 Fine Arts	3
EX 2302		3 EX 3376	3
EX 3302		3 ED 3330 – Teaching Diverse Populations	3
ED 3302		3 General Elective	3
	18		18

Third Year

Fall	Semester Hours	Spring	Semester Hours
EX 3304		3 Intermediate Theology	3
PL 2301		3 EX 3308	3
ED 3361		3 EX 3306	3
General Elective		3 ED 3355	3
General Elective		3 General Elective	3
	15		15

Fourth Year

Fall	Semester Hours	Spring	Semester Hours
EX 4301		3 ED 4689	6
ED 3350		3 ED 4388	3
ED 3362		3	
EX 4304		3	
General Elective		3	
	15		9

Total Semester Hours 120